



Founded in 1885 to Promote Fast and Long Distance Riding on the Great North and other roads

North Road CC "Hardriders"

Incorporating Round One of the London North Millennium Trophy

'Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations'

Course F7/25 Revised (35 KM)

Sunday 23rd February 2020

Timekeepers: Gordon Hart
Michael Bannister

Event Organiser:

Neil Lewis
40 Old Rd
East Peckham
Tonbridge
TN12 5ET
01622 872546
07484 297390 (on day)

Neil.lewis68@yahoo.co.uk

All competitors – please be aware of CTT Regulation 14(i):

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

NO REAR LIGHT – NO RIDE.

Important Note

The 2020 event will be held on a revised 35KM course due to roadworks in Hertford.

Please be aware that Bayford Ln is narrow in places with a twisting downhill section before the junction with B158. Course details and notes are below.

Road Bike Comp: Please advise when signing on

To qualify: Must ride without TT bars/extensions, no TT helmet,
no 'trip socks' etc, wheel depth less than approx 65mm
ie: BC Road Race legal with wheels as above

Event Headquarters:

Queenswood School, Shepherds Way, Brookmans Park

Hatfield, Hertfordshire. AL9 6NS.

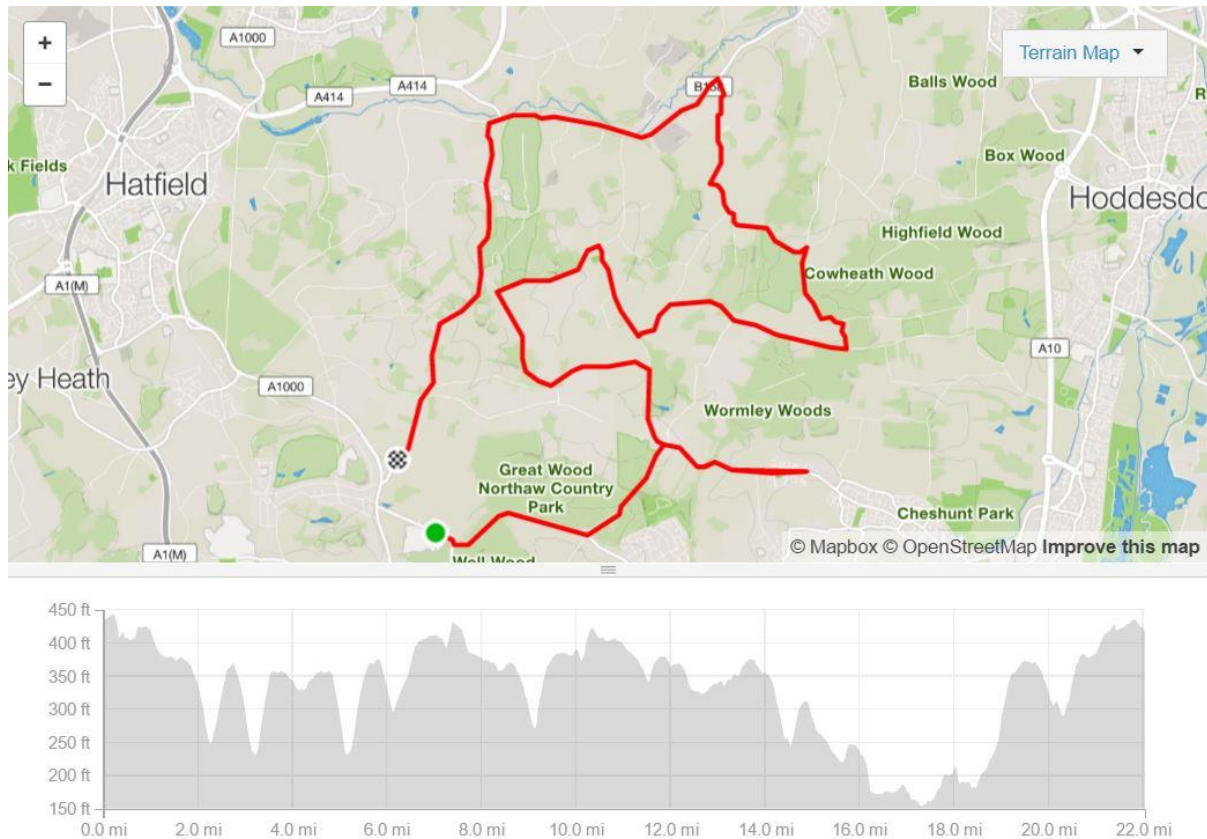
Directions to HQ; From Potters Bar take A1000 north towards Hatfield. At Brookmans Park turn right at traffic lights into Shepherds Way, B147 (signposted Queenswood). Queenswood School is at the top of the hill. Follow signs to car park.

The HQ will open at 7.30am with signing on from approx 7:45am

Please park only in the designated car park. Please do not proceed past the cones on the access road to the pavilion, this is to be kept clear.

Link to course on Ride With GPS

<https://ridewithgps.com/routes/31938889>



START on the B157 approximately half a mile to the east of the junction with the A1000 - 50 yards east of Ramsey Close at a field gate on the north side of the road. A white line marks the spot.

Proceed east to junction with Cuffley Ridgeway, B157, where turn LEFT (M). continuing on B157 to junction with Carbone Hill, a cross roads where turn LEFT (M) Proceed to Newgate where at mini RAB turn RIGHT, east, in the direction of Hammond Street (M). At 2nd RAB TURN (M) and retrace to Newgate Street mini RAB (M) to proceed STRAIGHT and immediately bear RIGHT. In approx one mile Turn LEFT into Tylers Causeway (M). Take first RIGHT sign posted Essendon (M) Then at Cucumber Hall turn Sharp RIGHT (M) to Little Berkhamstead where (keeping to the left of island) turn RIGHT (M). Proceed to Epping Green where at White Stubbs Lane turn LEFT (M). Follow White Stubbs Lane keeping RIGHT at Ashdene (M) to Pembridge Lane where turn LEFT (M). In 200 yards turn LEFT (M) to Brickendon Green. At "T" Junction turn sharp LEFT (M). Proceed via Bayford Station to Bayford where ****1** TURN 2nd Right at junction complex keeping LEFT of island (M) to follow Well Row/Bayford Ln to junction with B158 where turn LEFT (M) **CARE ***2** Follow B158 through Essendon and Wild Hill to:- FINISH on B158 at a point opposite gateway on right hand side of road approx 600 yards north of junction with A1000. A white line on the gatepost marks the spot.

****1** Please keep to the left of the traffic triangle before turning right onto Well Row. **DO NOT** take the 1st right around the traffic triangle. (see illustration of junction)



****2** The approach to this junction is narrow, downhill and has poor road surface and there will be marshals to alert you to this. The junction has limited visibility, caution is needed and be prepared to stop if necessary.



****Please note**** All under 18's entered via Internet Entry need to bring signed consent forms when signing on.

If is now a requirement by CTT to return to the HQ and sign out of the event when returning your number

Local Regulations:

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

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IN THE INTERESTS OF YOUR SAFETY

The course runs mostly on unclassified roads, the surface of which is poor in many places and there are many fast descents which are slippery when wet.

*******Watch out for and give room to pedestrians and give appropriate notice to equestrians when passing.*******

Please also be aware that the course uses roads which can be busy with local traffic.

**NEGOTIATING ROUNDABOUTS - Give priority to traffic from your right.
Signal clearly to other road users the course you intend to take.**

Safety - not your performance - is the first priority.

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

If the weather should be inclement, please consider race clothing appropriate for the conditions.

Riders and spectators must not approach the time keepers, or congregate near the finish area. Please avoid parking on the course, especially near the finish area.

The North Road CC wishes all riders a safe and successful ride. Please keep your head up at all times. Marshalls will be stationed at points where there is a change of direction, but the final responsibility for keeping on course remains with the rider. A study of the course details or even better a ride over the course will pay dividends.

Good luck and a safe ride

Awards

Fastest rider to hold the Thistle Trophy for one year

1 st	£75	6 th	£25
2 nd	£50	7 th	£20
3 rd	£40	8 th	£15
4 th	£35	9 th	£10
5 th	£30	10 th	£5

1st Woman £75

2nd Woman £50

1st Jun £40

2nd Jun £20

1st Road Bike (M) £40

3rd Road Bike (M) £10

2nd Road Bike (M) £20

1st Road Bike (W) £40

2nd Road Bike (W) £20

1st Vet on Std £40

3rd Vet on Std £10

2nd Vet on Std £20

1st Team of three £15 each

One rider- one prize, except team prizes
